KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE

ADMINISTRATIVE BOARD

REGULAR MEETING

THURSDAY, JANUARY 11, 2001

<u>Members Present:</u> Linda Brown (board nominee), Joan Clement, Nancy Code, Jim Harbaugh, Bob Seidensticker; Yasmin Smith, Keith Williams

Members Absent: Vicki James, Joyce Proudlock, (excused)

Staff Attending: Joanne Asaba, Sherry Hamilton, Geoff Miller, Rhoda Naguit

<u>Guests Present:</u> Harvey Funai, State Division of Alcohol and Substance Abuse; Tom Kuebler, Washington Citizen Advisory Council on Alcohol and Drug Abuse; Pat Knox, Recovery Centers of King County, Beverly Miller, Washington Institute for Mental Illness Research and Training; Eleanor Owen, WAMI; Al Sweeten, Seattle Indian Health Board; Sharon Toquinto, Public Health-ATOD Prevention Division

The regular meeting of the King County Alcoholism and Substance Abuse Administrative Board (KCASAAB) was convened at the Conference Room of the Dutch Shisler Sobering Center, 1930 Boren Avenue in Seattle. Chairman Jim Harbaugh called the meeting to order at 12:10 p.m., followed by introductions of all members and guests. The review and approval of the December 14, 2000 meeting minutes was tabled momentarily while waiting for a quorum.

I. CHAIRMAN'S REPORT

A. Joint Board Priorities For Action Plan

The board reviewed and discussed its list of legislative priorities. After much discussion, the board selected the following top three issues to support at the upcoming legislative session:

- Increase in the reimbursement rates for alcohol and drug residential treatment services.
- Amend RCW 70.96A to allow involuntary commitment of persons who are gravely disabled due to alcohol or drugs, and increase funding to provide for treatment and legal/court costs.
- Support community mental health funding and increase funding for community-based alcohol and drug abuse treatment.

Joan expressed her commitment to lobby and testify for CHAT cause. Geoff suggested addressing the lack of funding for residential inpatient services as a whole. He added that Governor Locke's budget for 2001 has increased funding for chemical dependency services

Bob stated the need to approach the sources of money and request an increase in our budget. One old idea he finds especially attractive is repositioning prevention/treatment as a way to save money e.g. every dollar spent on treatment saves seven dollars in incarceration costs.

Beverly Miller added that research reveals the cost effectiveness of treatment over incarceration. It shows the effectiveness of drug court vs. treatment. People are beginning to realize how costly it is to incarcerate chemical dependency offenders. She recommended finding a legislator who is sensitive to this issue.

Tom Kuebler cited Ken Stark as a resource person for this particular issue. Eleanor said that change would only take place if the law were changed.

Geoff said that it's a sad commentary that the credibility of chemical dependency treatment has not won yet the hearts of a number of legislators.

Joanne mentioned about the draft study of the mental health system undertaken by the Joint Legislative Audit Review Committee (JLARC). If the reallocation funding formula is implemented, there will be a reduction of approximately \$12M for the RSN services. Joanne said that successful implementation of the JLARC report will happen when proper foundations for reform are identified first. This includes a study of prevalence and severity of mental illness, a needs assessment study and development of client outcome measures. Once this is done, changes in mental health funding distribution formula could be implemented.

Joan noted that the JLARC study identified the problem but did not provide the solution.

The King County Alcoholism and Substance Abuse Administrative Board and the Mental Health Advisory Board will send a joint letter to the state legislature expressing objection on any changes in mental health funding.

Sherry informed the board about the Human Services Day 2001 on February 19th in Olympia. This event will be attended by more than 100 cities, agencies, non-profits, and organizations. The main event is a rally on the Capitol steps from noon to 1:00 p.m. The rest of the day will be spent on personal visits to legislators. WAMI will charter two buses to take advocates to Olympia. The ride is free. For reservation, call WAMI at (206) 789-7722.

Sherry then asked the board if it would co-sponsor the Human Services Day together with Mental Health Advisory Board. Joan moved, which was seconded by Keith to cosponsor the Human Services Day on February 19th. The motion was passed and approved unanimously.

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She also asked for volunteers for the Joint Legislative Committee. Chairman Harbaugh signified his willingness to be in this committee.

B. Board Liaison

Joan reported that the System Integration Advisory Council (SIAC) has identified two areas of priorities. They are the integration of involuntary treatment and the integration of crisis line.

C. Board Re-appointment

Yasmin Smith's term with the board will expire by January 30, 2001. Joan made a motion, which was seconded by Nancy to re-appoint Yasmin Smith to the board for a full three-year term. The motion was passed and unanimously approved.

II. MINUTES

Chairman Harbaugh noted a minor correction on page 5, Section III, Item E. It should read "A copy of Doug Allen's <u>letter on "National and State Highlights for December</u> were distributed." Nancy moved and seconded by Joan to approve the meeting minutes of December 14, 2000 as corrected. The motion was passed and unanimously approved.

III. MANAGER'S REPORT

A. Brief Presentation

Beverly Miller from Washington Institute for Mental Illness Research and Training distributed copies of regional training on co-occurring mental and substance abuse disorders. The free-registration training will be made available to each DSHS region under the contract between the Washington Institute and DASA-Mental Health Department. She asked the board to check out the list of training and give their input on what kind of training they would like to have.

Chairman Harbaugh suggested adding "sexual issues" under item M. Yasmin inquired if confidentiality as a barrier in treatment will be addressed in this training. Beverly responded that they will get an expertise to address this issue. To send your feedback or express interest on any of the training, call Beverly at (253) 761-7562 or email her at beverly@u.washington.edu

B. Budget Update

Copies of the Addendum for 2000B were distributed. The addendum is for the transfer of funds received by Public Health from the City of Seattle General Fund to Department of Community and Human Services. The document also contains a special provision for funding from the City of Seattle, which has been allocated to Public Health for specific

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and discreet program services. These funds are tied to specific program requests as presented in PH's 2000 budget. The document jointly signed by DCHS and DPH directors respectively, states in part that the County Alcohol and Drug Coordinator will meet regularly with PH for purposes of planning, service coordination, and progress reporting.

C. <u>Biennial Planning Process Update</u>

The last two public meetings to support the Chemical Dependency Treatment and Prevention Needs Assessment have been set. These meetings will gather public comment on how well the current system is addressing the treatment and prevention needs in their communities and to comment on MHCADSD plans for the 2001-2003 period. The following is the schedule of the two public meetings:

- Friday, March 2, 2001, 3:00-5:00 PM, Division of Children and Family Services, 1313 W. Meeker Suite 102, Kent, WA 98032.
- Monday, March 12, 2001, 3:00-5:00 PM, Division of Children and Family Services, 14360 SE Eastgate Way, Bellevue, WA 98007.

D. Contract Update

Copies of the 2001 Contract Compliance Site Visit Schedule were distributed. The board is encouraged to call Geoff or Rhoda if they are interested in joining in any of the scheduled site visits.

E. Monthly Utilization Report

Copies of the Utilization Report for June-November 2000 were distributed. Geoff briefly explained the flow chart. He also distributed copies of the Civil Commitment pie chart.

Geoff noted the low detox bed-day utilization for the month of November might be alarming to some. He clarified that an error in communication caused the low report and that corrected figures would be distributed next month. Joan suggested utilizing the more expensive beds for co-occurring disorders. Geoff stated that bed utilization including intensive inpatient is being intensified through the efforts of Amnon Shoenfeld and his staff at Cedar Hills.

There being no further business, the board went on to an executive session at 1:20 p.m.

Respectfully submitted,

Attested by:

Rhoda A. Naguit Recording Secretary Jim Harbaugh Chairman